



MATAWAN ABERDEEN PUBLIC LIBRARY

NOVEMBER 2019

ADULT PROGRAM SCHEDULE

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SUN	MON	TUE	WED	THU	FRI	SAT
Library Newsletter: To sign up for the newsletter, visit our website or stop by the Information Desk.					1 Mahjong Club 10am First Friday Films: <i>The Silent Child</i> 2pm	2 Relatively Speaking: 12 Excellent Reasons for Documenting your Life Story 1pm
3	4 Movie: <i>Maiden</i> 2pm	5 	6 Breast Cancer Awareness 11am Healthy Foods for Healthy Brains 7pm	7 Learn Tai Chi* 11am Genealogy Club 7pm	8 Mahjong Club 10am After Hours Music: Hungry Town 7pm	9 Knit/Crochet for a Cause 2pm <i>(some experience needed)</i>
10 The Beatles: The Beginnings 1 pm	11 Movie: <i>Stalog 17</i> 2pm 	12	13 Board Meeting 7pm	14 Chair Yoga* 1:30 pm Book Club 7:30pm	15 Mahjong Club 10am	16
17	18 Movie: <i>Stuber</i> 2pm Hoopla Digital Book Club 7 pm <i>The Book Woman of Troublesome Creek</i>	19	20 The ProCRAFTinators 7pm	21 Meditation for Everyone 7pm	22 LIBRARY CLOSED FOR STAFF DAY	23 
24	25 Floral Holiday Wreath 10 am Movie: <i>After the Wedding</i> 2pm Yoga Basics 7pm	26	27 LIBRARY CLOSSES AT 12:30 PM	28  LIBRARY CLOSED	29 LIBRARY CLOSED	30

Registration:
 Register online for these FREE programs. Please stop by the Information Desk, call or email if you have any questions.
 Programs with an asterisk (*) require a Matawan Aberdeen Library card for registration.

Library Hours:
 Mon, Wed & Th 9 am— 9 pm
 Tue & Fri 9 am— 6 pm
 Sat 9 am-5 pm
 Sun 12 pm—5 pm

Computer classes:
 Have computer questions? Sign up for a one hour 1-on-1 class with a Computer Technical Assistant.
 Saturdays at 11 am
 Sundays at 3 pm
 Mondays at 7 pm
 Wednesdays at 11 am
 Thursdays at 6 pm

Featured Digital Resource:
 We have digitized yearbooks, local history books, newspapers, photos, oral histories, and more!

LOCAL HISTORY



2 PM Monday Movies Summaries



November 4 – Maiden

Maiden is the true story of how Tracy Edwards, a 24-year-old cook in charter boats, became the skipper of the first ever all-female crew to enter the Whitbread Round the World in 1989. Tracy's inspirational dream was opposed on all sides: her male competitors thought an all-women crew would never make it, the chauvinistic yachting press took bets on her failure, and potential sponsors rejected her, fearing they would die at sea and generate bad publicity. But Tracy refused to give up. Enthralling viewing even for audiences with little to no knowledge of or interest in sailing, Maiden pays powerful tribute to a true pioneer.

Starring: Tracy Edwards

Release Year: 2019

Rating: PG (for language, thematic elements, some suggestive content and brief smoking images)

Running Time: 97 Minutes

November 11 – Stalag 17

Our Veterans Day movie is a comedy-drama war film which tells the story of a group of American airmen held in a German World War II prisoner of war camp. Stalag 17, exclusively populated by American sergeants, is overseen by sadistic commandant. The inmates spend their waking hours circumventing the boredom of prison life; at night, they attempt to arrange escapes. When two of the escapees are shot down like dogs by the Nazi guards, the prisoners come to suspect that one of their number is an informant.

Starring: William Holden, Peter Graves, Robert Strauss

Release Year: 1953

Rating: Not rated

Running Time: 120 Minutes

November 18 – Stuber

This odd-couple buddy comedy-action film continues the tradition of irreverent films like 48 Hours and Bad Boys. When a mild-mannered Uber driver named Stu picks up a beefy passenger who turns out to be a cop hot on the trail of a brutal killer, he's thrust into a harrowing ordeal where he desperately tries to hold onto his wits, his life and his five-star rating. The blood sprays and bodies, car crashes, jokes and bromance clichés pile up as these two join forces to take down a heroin dealer, as well as reestablish connection with the women in their lives.

Starring: Kumail Nanjiani, Dave Bautista

Release Year: 2019

Rating: **R** (for violence and language throughout, some sexual references and brief graphic nudity)

Running Time: 105 Minutes

November 25– After The Wedding

Isabel, a co-founder of an orphanage in Kolkata, travels to New York to meet a potential benefactor, Theresa. Despite her frustration by the need to justify a charitable donation, she agrees to the meeting, which falls a day before the wedding of Theresa's daughter. Isabel is unexpectedly invited to the wedding and the events that ensue force her to confront decisions she made 20 years ago as well as a man from her past, who turns out to be Theresa's husband.

Starring: Michelle Williams, Julianne Moore, Billy Crudup

Release Year: 2019

Rating: PG-13 (for thematic material and some strong language) Running Time: 110 Minutes

November Program Descriptions

Friday, November 1 @ 2 pm – First Friday Film & Discussion – The Silent Child

In this program series, watch a short documentary (via Kanopy) with our Head of Adult Services, Jill Stafford, and then stick around for the discussion. Feel free to bring a sandwich or snack to eat while watching the film.

Saturday, November 2 @ 1 pm – Relatively Speaking: 12 Excellent Reasons for Documenting Your Life

This one hour lecture is designed to inspire those researching their lineage to take the next step of writing their own story and that of their ancestors. It is a fun, interactive presentation with valuable handouts. Presented by Donna Atkins, the Life Story Lady.

Wednesday, November 6 @ 11 am – Breast Cancer Awareness

NJ CEED (Cancer Education Early Detection) will present on the importance of women's health in relation to breast cancer. There will be FREE giveaways, and a gift card will be raffled.

Wednesday, November 6 @ 7 pm – Healthy Foods for Healthy Brains

Fresh, unprocessed foods provide antioxidants, vitamins & minerals, beneficial fats and helps maintain energy and mental clarity. In this engaging presentation, Millennium Memory Care Director Galina Markovick will share her insight into how you and your loved ones can maintain healthy brains through proper diet and nutrition.

Thursday, November 7 @ 11 am—Learn Tai Chi*

This monthly class will be taught by AI Chuderski. No prior experience is needed, just wear comfortable clothing.

Friday, November 8 @ 7 pm – After Hours Music: Hungrytown

Music that feeds the soul. Hungrytown is folk music duo from Vermont. Rebecca Hall and Ken Anderson have spent more than a decade touring the world and have released three album.

Saturday, November 9 @ 2 pm – Knit/Crochet for a Cause

Do you like to knit or crochet? Come join us to make Twiddle Muffs for Alzheimer's patients. They are easy to make and bring joy to people in need. Just bring your own crochet hooks or knitting needles and some leftover yarn. Some experience required.

Sunday, November 10 @ 1 pm – The Beatles: The Beginnings

Paul Groom, a native of Liverpool, England, lived in the same village as John Lennon and George Harrison, went to the same high school as Paul McCartney and George, and attended the same Sunday school as John. Join us for his presentation about Liverpool in the 1950s and 1960s and much more.

Thursday, November 14 @ 1:30 pm – Chair Yoga*

Interested in yoga, but have difficulty getting down on the floor? You will learn yoga while seated in a chair.

Monday, November 18 @ 7 pm – Hoopla Digital Book Club

In this new monthly book club, we will select a title from Hoopla Digital. You read the ebook or listen to the audiobook and then join us to discuss the book. This month we will discuss *The Book Woman of Troublesome Creek* by Kim Michele Richardson.

Wednesday, November 20 @ 7 pm – The Procraftinators

A crafting meet-up for adults, is the perfect place to bring whatever unfinished object (UFO), craft project or hobby you are working on. Bring your own supplies.

Monday, November 25 @ 10 am — Floral Holiday Wreath

Join us to make a festive holiday wreath. All supplies provided.

Monday, November 25 @ 7 pm – Yoga Basics

This class is great for the beginner or experienced student as variations are given for all levels. Bring your mat.