



MATAWAN ABERDEEN PUBLIC LIBRARY

DECEMBER 2019

ADULT PROGRAM SCHEDULE

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SUN	MON	TUE	WED	THU	FRI	SAT
1	2 Movie: <i>Peanut Butter Falcon</i> 2 pm 7pm Vegan Holidays	3	4 Pearl Harbor: A Day in Infamy 7pm	5 Learn Tai Chi 11am Genealogy Club 7pm	6 Mahjong Club 10am First Friday Films: Sing/Mindenki 2 pm	7 
8 	9 Movie: <i>Thunder Road</i> 2pm	10 	11 Board Meeting 7pm	12 Chair Yoga* 1:30 pm Book Club 7:30pm	13 Mahjong Club 10am After Hours Music: Holiday Concert 7pm	14 Carve Your Own Holiday Stamps* 2pm <i>(Registration opens 11/30)</i>
15 Tea Light Snowmen Ornaments* 2 pm <i>(Registration opens 12/1)</i>	16 Movie: <i>Blinded by the Light</i> 2pm Yoga Basics 7pm	17	18	19 Marbleized Hanging Orbs* 2:30pm <i>(Registration opens 12/5)</i>	20 Mahjong Club 10am	21
22 	23 Movie: <i>Remember the Night</i> 2pm	24 LIBRARY CLOSED	25 LIBRARY CLOSED	26	27 Mahjong Club 10am	28 
29	30 Movie: <i>Ocean's 11</i> 2pm	31 LIBRARY CLOSED	Library Newsletter: To sign up for the newsletter, visit our website or stop by the Information Desk.			

Registration:
 Register online for these FREE programs. Please stop by the Information Desk, call or email if you have any questions.
 Programs with an asterisk (*) require a Matawan Aberdeen Library card for registration.

Library Hours:
 Mon, Wed & Th 9 am— 9 pm
 Tue & Fri 9 am— 6 pm
 Sat 9 am-5 pm
 Sun 12 pm—5 pm

Computer classes:
Have computer questions?
 Sign up for a one hour 1-on-1 class with a Computer Assistant.
 Mondays at 4 pm
 Wednesdays at 7 pm
 Thursdays at 11 am
 Fridays at 11 am
 Saturdays at 10 am
 Sundays at 3 pm

Featured Digital Resource:
RBDigital Magazines
 Read full-color, digital editions of a large collection of popular magazines. Find plenty of ideas to make your holidays special.

2 PM Monday Movies Summaries

December 2 – The Peanut Butter Falcon

A modern Mark Twain style adventure story, this tells the story of Zak, a young man with Down syndrome, who runs away from a residential nursing home to follow his dream of attending the professional wrestling school of his idol, The Salt Water Redneck. A strange turn of events pairs him on the road with Tyler, a small time outlaw on the run, who becomes Zak's unlikely coach and ally. Together they wind through deltas, elude capture, drink whisky, find God, catch fish, and convince Eleanor, a kind nursing home employee charged with Zak's return, to join them on their journey.

Starring: Shia LaBeouf, Dakota Johnson, Thomas Haden Church Release Year: 2019

Rating: PG-13 (for thematic content, language throughout, some violence and smoking) Running Time: 93 Minutes

December 9 – Thunder Road

A Kanopy film. Officer Jim Arnaud is a good man. He struggles with relationships and anger issues, but he's just trying to do right by those he cares about, especially his daughter Crystal. He's dealing with grief; he recently lost his mom, and that can really rattle a person, changing the way they look at and deal with the world around them. He's a fascinating cinematic creation and a pronouncement of a major talent in Jim Cummings, the star, writer, and director of this dramedy, a SXSW Grand Jury winner.

Starring: Jim Cummings, Kendal Farr, Jocelyn DeBoer

Release Year: 2018

Rating: Not rated

Running Time: 91 Minutes

December 16 –Blinded by the Light

1987. Luton, UK. When music fanatic Javed discovers the illustrious back catalogue of The Boss, his world is turned upside down. Already a creative soul, his passion for music and writing is set alight by the songs of the working-class poet, whose lyrics feel all too familiar to the aspirational teenager. Yearning to escape his rundown hometown and the rules of his traditional Pakistani household, Javed finds himself caught in between two worlds and must discover if he too is Born to Run... Based on journalist Sarfraz Manzoor's memoir *Greetings From Bury Park: Race. Religion. Rock'n'Roll*.

Starring: Viveik Kalra, Hayley Atwell, Rob Brydon

Release Year: 2019

Rating: PG-13 (for thematic material and language including some ethnic slurs)

Running Time: 114 Minutes

December 23 – Remember the Night

Back to the Classics for our holiday film. Just before Christmas, Lee Leander is caught shoplifting. It is her third offense. She is prosecuted by John Sargent. He postpones the trial because it is hard to get a conviction at Christmas time. But he feels sorry for her and arranges for her bail, and ends up taking her home to his mother for Christmas. Surrounded by a loving family (in stark contrast to Lee's own family background) they fall in love. This creates a new problem: how do they handle the upcoming trial?

Starring: Barbara Stanwyck, Fred MacMurray

Release Year: 1940

Rating: G

Running Time: 94 Minutes

December Program Descriptions

Monday, December 2 @ 7 pm—Vegan Holidays

Whether you're hosting a vegan for the holidays this year, or you simply want to try your hand at a meat and dairy-free dish, let Denise share some recipes and ideas with you. Learn how to eat cruelty free. Feel free to bring a favorite recipe to leave with her and she will veganize it for you! This program will be presented by Denise Morgan, NETA-CGEI, CPT, CYT.

Wednesday, December 4 @ 7 pm—Pearl Harbor: A Day in Infamy

Early in the morning of December 7, 1941, Japanese carrier-based planes and submarines attacked the U.S. Pacific Fleet and nearby military airfields at Pearl Harbor, Hawaii. Eight American battleships and ten other naval vessels were sunk or badly damaged. A total of 64 American aircraft were destroyed and over 3,400 military personnel were killed or wounded. The attack marked the entrance of Japan into World War II on the side of Nazi Germany and Fascist Italy and the entrance of the U.S. on the side of the allies. Speaker Paul Zigo is director of the World War II Era Studies Institute and a retired US Army Colonel.

Thursday, December 5 @ 11 am—Learn Tai Chi

Come and participate in this meditative form of exercise which is associated with both spiritual and health benefits. This monthly class is taught by Al Chuderski. No prior experience is needed, just wear loose clothing.

Friday, December 6 @ 2 pm – First Friday Film & Discussion – Sing/Mindenki

In this program series, watch a short documentary (via Kanopy) with our Head of Adult Services, Jill Stafford, and then stick around for the discussion. Feel free to bring a sandwich or snack to eat while watching the film.

Thursday, December 12 @ 1:30 pm – Chair Yoga*

Interested in learning yoga, but have difficulty getting down on the floor? Now you too can enjoy all the benefits of yoga without having to get on a mat. The class will be taught by Danielle Meany, RYT. All levels welcome.

This class is great for the beginner or experienced student as we give variations for all levels. The class will be taught by Tula Yoga instructor, Carrie Palamara. Please bring your own yoga mat or large towel.

Friday, December 13 @ 7 pm—After Hours Music: Holiday Concert

Ring in the Holiday Season with the exciting sounds of four-part harmony! Join Balancing Act Quartet of Sweet Adelines International as they sing winter favorites old and new, for the kids and the young at heart. From sleighbells to church bells to dreidels, it is a time to celebrate being together and the joy that can bring. Light refreshments will be provided by Atrium Post Acute Care of Matawan.

Saturday, December 14 @ 2 pm—Carve Your Own Holiday Stamps* (*Registration opens 11/30*)

Learn to carve your own holiday stamps and use them to decorate gift bags that are perfect for the holiday giving season! This is a 90 minute program. All supplies will be provided. Must be at least 18 years-old.

Sunday, December 15 @ 2 pm—Tea Light Snowmen* (*Registration opens 12/1*)

Using mostly dollar store supplies and some creativity participants will craft these adorable ornaments. Each crafter will make a pair, one in red and one in blue. Must be at least 18 years-old to participate.

Monday, December 16 @ 7 pm—Yoga Basics

This class is great for the beginner or experienced student as we give variations for all levels. The class will be taught by yoga instructor, Carrie Palamara. Please bring your own yoga mat or large towel as well as a bottle of water. Must be at least 18 years-old to participate.

Thursday, December 19 @ 2:30 pm—Marbleized Hanging Orbs* (*Registration opens 12/5*)

This workshop will show how to make a simple plastic ornament look like it is made of marble. We will use alcohol inks and acrylic paint to perform this magic. Must be at least 18 years-old.