








MATAWAN ABERDEEN PUBLIC LIBRARY

MAY 2019

ADULT PROGRAM SCHEDULE

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SUN	MON	TUE	WED	THU	FRI	SAT
		Library Newsletter: To sign up for the newsletter, visit our website or stop by the Information Desk.	1 Discover Your Entertaining Style 7pm	2 Learn Tai Chi* 11am NJ State Archive Collections for Genealogy 7pm	3 Mahjong Club 10am After Hours Music: Navesink Brass in Concert 7 pm	4 
5	6 Movie: <i>Mary Poppins Returns</i> 2pm ESL 7pm	7	8 Board Meeting 7pm	9 Chair Yoga* 1:30 pm Book Club 7:30pm	10 CLOSED Staff Day	11
12 	13 Movie: <i>On the Basis of Sex</i> 2pm B.Y.O.B. Book Club 7pm (NEW!) ESL 7pm	14	15	16 Tilton Fitness is Coming to Visit 7pm	17 Mahjong Club 10am	18
19	20 Movie: <i>Welcome to Marwen</i> 2pm Yoga Basics 7pm ESL 7pm	21	22 Tidying Your Home Using the KonMari Method 7pm	23	24 Mahjong Club 10am	25 CLOSED
26 CLOSED	27 CLOSED 	28	29 D-Day, June 6, 1944—Why Did it Succeed? 7pm	30	31 Mahjong Club 10am	 

Registration:

Register online for these FREE programs. Please stop by the Information Desk, call or email if you have any questions.

Programs with an asterisk (*) require a Matawan Aberdeen Library card for registration.

Library Hours:

Mon., Wed & Th 9 am— 9 pm
 Tue & Fri 9 am— 6 pm
 Sat 9 am- 5 pm
 Sun 12 pm—5 pm

Computer classes:

Have computer questions?

Sign up for a one hour 1-on-1 class with a Computer Assistant.

Featured Digital Resource:

Students of all ages and job seekers can find the help they need through Tutor.com. Tutor.com has a network of live tutors who are ready to help with just about any question you have. Resumes and essays can be drop off for overnight review.

2 PM Monday Movies Summaries



May 6 – Mary Poppins Returns

In Depression-era London, a now-grown Jane and Michael Banks, along with Michael's three children, are visited by the enigmatic Mary Poppins following a personal loss. Through her unique magical skills, and with the aid of her friend Jack, she helps the family rediscover the joy and wonder missing in their lives.

Starring: Emily Blunt, Lin-Manuel Miranda, Ben Whishaw Release Year: 2018
Rating: PG (for some mild thematic elements and brief action) Running Time: 130 Minutes

May 13 – On the Basis of Sex

The film tells an inspiring and spirited true story that follows young lawyer Ruth Bader Ginsburg as she teams with her husband Marty to bring a groundbreaking case before the U.S. Court of Appeals and overturn a century of gender discrimination.

Starring: Felicity Jones, Armie Hammer Release Year: 2018
Rating: PG-13 (for some language and suggestive content) Running Time: 120 Minutes

May 20 – Welcome to Marwen

When a devastating attack shatters Mark Hogancamp and wipes away all memories, no one expected recovery. Putting together pieces from his old and new life, Mark meticulously creates a wondrous town where he can heal and be heroic. As he builds an astonishing art installation--a testament to the most powerful women he knows--through his fantasy world, he draws strength to triumph in the real one. The production is a blend of live action and computer generated action.

Starring: Steve Carrell, Leslie Mann, Diane Kruger Release Year: 2018
Rating: PG-13 (for sequences of fantasy violence, some disturbing images, brief suggestive content, thematic material and language) Running Time: 116 Minutes

May Program Descriptions

Wednesday, May 1 @ 7 pm - Discover Your Entertaining Style: A Customized Approach to Cooking and Hosting

Start with a quiz that uncovers the entertaining style that suits your taste and personality, then learn tips for planning holidays, events, and other gatherings based on your results. Each entertaining style lends itself to recipes, table decor, and other ideas that infuse your personal touch into the celebration. Practical tips and inspiration will pave the way for more enjoyable, less stressful entertaining.

Thursday, May 2 @ 11 am—Learn Tai Chi

Come and participate in this meditative form of exercise which is associated with both spiritual and health benefits. This class will be taught by Al Chuderski. No prior experience is needed, just comfortable clothing.

Thursday, May 2 @ 7 pm—NJ State Archive Collections for Genealogy

This presentation by Chris Tracy includes an overview of useful genealogical records at the New Jersey State Archives in Trenton. Before you head out to the archives, come and learn about their collections and how they can help with your genealogy research.

Friday, May 3 @ 7 pm – After Hours Music: Navesink Brass in Concert

Navesink Brass is a professional brass quintet comprised of two trumpets, a French horn, trombone and tuba. This special 2019 concert will include a tribute to Queen (Bohemian Rhapsody), Uptown Funk by Bruno Mars, Leonard Bernstein, Scott Joplin and the 300th anniversary of the founding of New Orleans.

Monday, May 6, 13, and 20 @ 7 pm – English Conversation

Do you want to improve your English speaking ability? Informal small conversation groups for all levels of English ability. No registration needed. Please see the Reference Librarian if you have any questions.

Thursday, May 9 @ 1:30 pm – Chair Yoga

Interested in learning yoga, but have difficulty getting down on the floor? Now you can enjoy all the benefits of yoga without having to get on a mat. The class will be taught by Danielle Meany, RYT. MAPL cardholders only.

Monday, May 13 at 7 pm—B.Y.O.B Book Club (NEW!)

Unlike most book clubs where everyone reads the same thing, at B.Y.O.B. you pick the titles you want to read. We will choose a new theme each quarter and then YOU choose a title to read and discuss. The theme this month is nonfiction history.

Thursday, May 16 from 7-8 pm—Tilton Fitness Visit

Tilton Fitness will be here for free InBody screens, personal training demos, blood pressure testing. Plus there will be free goodies!

Monday, May 20 @ 7 pm – Yoga Basics

This class is great for the beginner or experienced student as we give variations for all levels. The class will be taught by yoga instructor, Carrie Palamara. Please bring your own yoga mat or large towel.

Wednesday, May 22 @ 7 pm – Tidying Your Home Using The KonMari Method

Certified KonMari Consultant, Ann Sisto, will explain how to tidy your home using the KonMari Method. This decluttering philosophy was developed by Marie Kondo, author of *The Life-Changing Magic of Tidying Up* and *Spark Joy* and the star of the new Netflix reality series. Ann will share basic tips and demonstrate folding techniques. Discover how learning to let go can bring peace and joy.

Wednesday, May 29 @ 7 pm – D-Day, June 6, 1944: Why Did it Succeed?

Operation Overlord, the amphibious invasion of north west France on June 6, 1944, the largest seaborne assault ever conducted, was carefully planned over a six month period as a combined, joint service operation. The operation nearly failed. This presentation will review the details of this crucial invasion.