# Adult Program Schedule

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<tr>
<th>SUN</th>
<th>MON</th>
<th>TUE</th>
<th>WED</th>
<th>THU</th>
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<tr>
<td><strong>Movie: She’s Beautiful When She’s Angry</strong> 2pm</td>
<td><strong>Movie: The Good Liar</strong> 2 pm</td>
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<td><strong>Learn Tai Chi</strong> 11am</td>
<td><strong>Mahjong Club</strong> 10am</td>
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<td><strong>Movie: A Beautiful Day in the Neighborhood</strong> 2pm</td>
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<td><strong>Board Meeting</strong> 7pm</td>
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<td><strong>Chair Yoga</strong> 1:30 pm</td>
<td><strong>Mahjong Club</strong> 10am</td>
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<td><strong>Chocolate Seder</strong> 2:30pm</td>
<td><strong>Movie: Joker</strong> 2pm</td>
<td><strong>Keep Less, Tidy More, and Get Things Done</strong> 7pm</td>
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<td><strong>Mahjong Club</strong> 10am</td>
<td><strong>NJ Makers Day!</strong></td>
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<td><strong>Movies: Standing on My Sisters’ Shoulders &amp; Raging Grannies</strong> 2pm</td>
<td><strong>Movie: Once Upon a Time in Hollywood</strong> 2pm</td>
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<td><strong>Mahjong Club</strong> 10am</td>
<td><strong>Free Seeds Give Away!</strong> 10am—12 pm</td>
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<td><strong>A Caricature History of the Presidents of the United States</strong> 1pm CANCELLED</td>
<td><strong>Spring Wreath</strong> Craft 11am (opens 3/16)</td>
<td>Library Newsletter: To sign up for the newsletter, visit our website or stop by the Information Desk.</td>
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## Registration:
Register online for these FREE programs. Please stop by the Information Desk, call or email if you have any questions.

Programs with an asterisk (*) require a Matawan Aberdeen Library card for registration.

## Library Hours:
- Mon, Wed & Th: 9 am—9 pm
- Tue & Fri: 9 am—6 pm
- Sat: 9 am-5 pm
- Sun: 12 pm—5 pm

## Computer classes:
Have computer questions? Sign up for a one hour 1-on-1 class with a Computer Assistant.
- Mondays at 4 pm
- Wednesdays at 7 pm
- Thursdays at 11 am
- Fridays at 11 am
- Saturdays at 10 am
- Sundays at 3 pm

## Featured Digital Resource:
**Udemy**
Learn and improve skills across business, tech, design, and personal interests. Connect to 3500+ on-demand video courses taught by world-class instructors.
March Program Descriptions

Sunday, March 1 and March 22 @ 2 pm—Celebrate Women's History Month
Join us to celebrate Women's History Month with this wonderful documentary film series from our streaming resource, Kanopy.

3/1 - She's Beautiful When She's Angry (2014, 93 minutes)
3/22 - Raging Grannies: The Action League (2010, 32 minutes)

Thursday, March 5 @ 11 am—Learn Tai Chi
Come and participate in this meditative form of exercise which is associated with both spiritual and health benefits. This monthly class is taught by Al Chuderski. No prior experience is needed, just wear loose clothing.

Thursday, March 12 @ 1:30 pm – Chair Yoga*
Interested in learning yoga, but have difficulty getting down on the floor? Now you too can enjoy all the benefits of yoga without having to get on a mat. The class will be taught by Danielle Meany, RYT. All levels welcome. This class is great for the beginner or experienced student as we give variations for all levels.

Sunday, March 15 @ 2:30 pm – Chocolate Seder
Enjoy a fun experience based on the Passover Seder using various forms of chocolate in a non-religious event. There will be lots of laughter and eating and drinking of chocolate as we simulate the steps of the Seder. An event for all chocolate loving adults. The Seder will be led by Helen Gross. Participants must be at least 18 years-old.

Monday, March 16 @ 6:30 pm – Movie: Bag It: Is Your Life to Plastic?
Join the Aberdeen Green Team to view this documentary film and learn about their organization.

Wednesday, March 18 @ 7 pm – Keep Less, Tidy More, and Get Things Done
Join Jamie Novak organizer and author for this new program on how to get more done... without getting overwhelmed. This program is for you if you have too much stuff and not enough time. Leave this laugh-out-loud funny program with an action plan and a sense of calm about your never ending to-do list.

Saturday, March 28 @ 10 am – Free Seeds at the Library!
Stop by the library to pick up free seeds for some super easy to grow plants. We will provide seeds as well as instructions on planting and saving seeds. Supplies available while they last.

Sunday, March 29 @ 1 pm - A Caricature History of the Presidents of the United States—CANCELLED
Join illustrator and caricature artist Jason Fruchter as he presents his series of presidential caricatures featured in his new book: A Caricature History of the Presidents of the United States (available at Amazon.com). In his presentation, Jason will show the historical references he used to create a caricature of all 45 presidents. It’s a fun trip through the history of presidential portraits, as seen through the eyes of a caricature artist!

Monday, March 30 @ 11 am – Spring Wreath Craft (registration opens on 3/16)
Join us to make a beautiful spring wreath. We will provide the materials and you will have the fun of putting together a wreath to keep or give as a gift. Spend a morning crafting at the library!

Monday, March 30 @ 7 pm - WCEC Women: Real Talk, Real Entrepreneurs
This talk will feature Morissa Schwartz, Founder & CEO, GenZ Publishing and Dr. Rissy's Writing and Marketing. Morissa will discuss being an entrepreneur, provide authentic examples of success and inspire her fellow entrepreneurs as well as those who are just starting out.